

### *Clomid Instructions*

1. Clomid Calendar – Each month a new calendar will be created to help you keep track of cycle.
2. Common Side Effects – Side effects rapidly abate soon after cessation of therapy.
  - Hot flashes 10 to 20%
  - Abdominal distention and pain 5%,
  - Nausea and Vomiting 2%
  - Breast discomfort 2%
  - Mood swings, depression and headaches are variable
3. Reasons to Notify Our Clinic –
  - Visual Symptoms such as blurring, double vision and/or spots in vision.
  - Bloating
  - Nausea, vomiting, diarrhea
  - Lethargy
  - Shortness of breath
  - Decreased urination
  - Rapid weight gain

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